

C.G.S. Newsletter

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November 2017

Dear Parents,

It is still early days; therefore time to help your child to focus on certain very relevant bits of advice which should help them succeed now and in the future.

Firstly, encourage your children to set goals for themselves, as these are absolutely necessary to motivate them. It honestly does not matter what the goal is as long as they set one and focus on achieving it.

Secondly, help develop their self-respect. They must be comfortable in their skins, loving who they are. As Maya Angelou puts it "You may not control all the events that happen to you, but you can decide not to be reduced by them."

Thirdly, I have always said that confidence is half the battle. You must encourage them to believe in themselves. There is a saying from an unknown author, "A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on its own wings".

And finally encourage them to be risk takers. Risk takers set goals and in spite of all obstacles do everything in their power to successfully attain them. This means looking at things from a different angle and being creative. It means taking chances and being willing to learn. Taking risks means making mistakes and understanding that in order to succeed they have to be willing to accept the fact that they may fail.

Focus on the above four pieces of advice, and you will have well rounded children, who will make you very, very proud.

Mahine Khan.



International RS Conference 2017: Cape Town, South Africa

'Unite to Ignite the Fire Within' was the theme for this year's RS International Conference. 182 schools from over 50 countries in the world were hosted by 3 RS Schools in Cape Town. CGS was assigned to St. George's Grammar, in the outskirts of the city. CGS delegates pictured above: L to R, Irina (12G), Zunayed (12G), Akrabina (12C), Mahine Khan, Zia Sir, Ifaz (12C), Shereen Ispahani, Aliza (12C), Shah Rafi (12C).

The keynote speakers gave inspiring messages and the Head Girl eloquently urged her fellow students to help others, saying, "We can't help everyone, but everyone can help someone." Activist, game ranger and acclaimed photographer Lorne Sulcas also a keynote speaker, quoted, "Never tell me the sky's the limit when there are footprints on the moon."

A team (below) recently participated in the recent HYDMUN (House of Youth Dialogue Model UN Conference 2017) at the Army Golf Club, in Dhaka. Pictured L to R, Rubayet (11C), Awsaf (11C), Tasnia (11G), Samir (11G), Unaiza (11G) and Ifaz (11C).



CGS ANNUAL CULTURAL PROGRAMME

This year's ACP on the theme, 'Courage, Generosity, Service' kicks off with the Upper School performing at the end of November. We look forward to seeing parents at the programmes. The winning art entries, above, by Riya Sharma (Emerald Heights), Ria Chordia (Daly College), Smitri Rathore (Emerald Heights).



CGS AT ROHINGYA CAMPS

CGS has already has two teams visit the Rohingya camps to donate goods to the refugees. Director Farhat Khan and CGS Alumni Faiza Ibat were part of two separate teams that visited the Camps recently. A further trip is planned for November with more sustainable goods, including tents, sleeping bags and food rations for the latest influx of Rohingyas.

The adventure day included a 13 Km trek to the Southern-most point of Africa to Cape Point where the Atlantic Ocean meets the Indian Ocean, with breathtaking views (see above) of the coast and home to a range of flora and fauna. November promises to be a busy month for RS and MUN conferences - five teams are preparing to head to Jordan, Turkey and 3 cities in India.

SPORTS ROUND-UP

FOOTBALL: Junior Boys inter-house:

Match 1: Courage (1) Vs Generosity (2),
Match 2: Generosity (2) Vs Service(1),
Match 3: Service (1) Vs Courage (3),
Final: Generosity (1) Vs Courage (3),
M-O-T-M, Tahsin (5S).

BASKETBALL: Senior Girls inter-house:

Match 1: Courage (15) Vs Generosity (3),
Match 2: Service (2) Vs Generosity (9),
Match 3: Service (3) Vs Courage (21),
Final: Courage (27) Vs Generosity (11),
P-O-T-M, Multazim (11C).

TABLE TENNIS: Senior Boys & Girls inter-house:

Boys Final: Courage (5) Vs Service (15),
P-O-T-M, Tahmid (11C), Osama (12G).
Girls Final: Courage (10) Vs Service (15),
P-O-T-M, Sabbria (10G).

CALENDAR OF EVENTS	DATE
MUN Conference, Jordan	1-6.11.2017
Autumn Term last date	2.11.2017
SAT College Board Tests	4.11.2017
Winter Term Commences	5.11.2017
RS Conference, SKV, Gwalior, India	9-11.11.2017
Lower School Annual Athletics	11.11.2017
MUN, Enka School, Istanbul, Turkey	17-20.11.2017
RS Conference, Birla, Pilani, India	19-21.11.2017
IVY League MUN, New Delhi, India	23-26.11.2017
Upper Annual Cultural Programme	25.11.2017